

TERMS AND CONDITIONS

Rapid Transformational Therapy® hypnosis is entirely natural, safe and relaxing. With Rapid Transformational Therapy®, clients remain conscious and in complete control throughout the treatment but will feel a strong sense of relaxation.

The client is usually regressed back to their early memories to help discover the root cause of their issue, in order to gain understanding of where the belief/behaviour originated, with a view to changing the belief/behaviour.

Zilverbird Therapy does not offer any guarantee of success. The client must want to change, be open and motivated to heal. The client must be willing to fully participate in the session and listen to the personalized transformational recording every day for at least 21 - 30 days. The recommended times to listen to the recording is in bed before sleeping (you will still get the benefit if you fall asleep) and first thing in the morning. You can also listen to it any other time EXCLUDING while driving or handling heavy or any machinery.

Rapid Transformational Therapy® is not a replacement for traditional therapy or treatment provided by a psychologist or psychiatrist. If you are epileptic or suffer from a psychotic illness, including multiple personality disorder, schizophrenia or bipolar disorder, it is not recommended that you undergo hypnotherapy.

If you are under any medical care for ANY condition, DO NOT make any adjustments to any prescribed medication without the approval of your treating medical practitioner. If you are in any doubt, you should contact your treating medical practitioner before participating in any hypnotherapy.

By booking your RTT® session, you consent to Zilverbird Therapy releasing your information to a specified individual or agency if it has been determined that a child or elder is at risk of or is currently being abused; or if you, as a client, are an imminent danger to yourself or others.

By booking your RTT® session, you give full permission for Angeliki Assimacopoulou to hypnotise you and to use Rapid Transformational Therapy® with the knowledge that you do so at your own risk. You accept that while Rapid Transformational Therapy® has a high success rate, Zilverbird Therapy does not guarantee any results. You release Zilverbird Therpay from any liability or claims concerning your mental and/or physical wellbeing during or following the treatment that has been outlined.

FREE INITIAL CONSULTATION

No therapy will be provided during the consultation. During these calls, estimates of the number of sessions required to deal with your presenting issue are given on the basis of the information presented at that time. Estimates are only rough guidelines and are subject to change.

BOOKING & PAYMENT

Payment in full is required prior to the booking of each session. This is discussed once an agreement has been made in the initial consultation. It is your responsibility to pay the session fees before each scheduled session in order to confirm the appointment booking. The balance of the fee is due at least 48 hours prior to the

first session. No refunds will be issued for cancellations within 48 hours of the session appointment. Where payment is not received 24 hours before your session, the session will be cancelled and may be offered to someone else.

CANCELLATION, RESCHEDULING & REFUNDS

Cancellation & rescheduling

If you need to cancel or re-schedule a session, please provide as much notice as possible. Notification must be made via email or phone call at least 48 hours prior to a session.

If you need to make any changes to your appointment, it will be subject to calendar availability. Any late starts greater than 15 minutes will be rescheduled based on availability.

Refunds

No refunds will be issued for cancellations within 48 hours. Session fees are for my time and professional expertise and are not a guarantee of a successful outcome. Therefore, no refunds will be given for any sessions where you have attended and paid for the session.

Where a discount package or therapy program has been booked and paid for in advance, if you choose to discontinue your therapy process before attending all the sessions, a pro rata refund will be issued after deduction of the full standard session fee for any sessions you have attended.

Session Fees

All professional fees will be disclosed to you prior to booking. My professional fees are subject to review and may increase from time to time. You will always receive confirmation of the professional fees before booking.

Payment Methods

Payment may be made online via credit/debit card or PAYPAL™. Cash and cheques will not be accepted.

CONTACT BETWEEN SESSIONS

Any contact between sessions will be by telephone, email or text during office hours only 9:30 17:00. Any messages received outside of these hours will be dealt with during office hours only.

MEDICAL OR PSYCHOLOGICAL CONDITIONS

I may ask questions about your medical history to establish any contra-indications to treatment. This will also help to assess whether your health is affecting (or being affected by) the therapeutic goals you wish to achieve. Please update me of any medical changes during your course of therapy, or if you are returning to therapy after a period of absence.

If you are receiving care or treatment from any medical, healthcare or therapy practitioner, e.g. GP, Psychologist, Psychiatrist or Counsellor, you may be asked to seek their permission before any therapy sessions can commence.

Please note that I will be unable to offer my professional services if you suffer from epilepsy or any form of psychosis.

AGE RESTRICTIONS

You must be at least 18 years old to participate in online sessions. Clients under the age of 18 years old must be accompanied by a parent or guardian and will be seen in-person.

ATTENDING YOUR SESSIONS

Please ensure that you are available at your session start time. If you are running late, please let me know as soon as possible. I will do my best to make a full session available, however, as the ability to do this will depend on bookings after your session, this cannot be guaranteed.

HYPNOTHERAPY RECORDINGS

Hypnotherapy recordings should not be listened to whilst driving, operating machinery or undertaking any other activity where concentration is required. Any recording provided is for your personal use only and must not be shared, lent, copied or sold under any circumstances.

OUTCOME OF SESSIONS

Despite the incredible results and testimonials from many clients, Rapid Transformational Therapy® alone does not offer any guarantee of success. However, I will always endeavour to use my best efforts and skills to work towards your goals and intended outcomes. Zilverbird Therapy offers Rapid Transformational Therapy® that includes hypnosis and regression techniques. Often a single session is all that is required to achieve incredible results; however, some clients may need more than one session.

The client must want to change, be open to what is offered and motivated to heal. The client must be willing to fully participate in the session and to implement the recommendations of the hypnotherapist and listen to the personalized recording each day for at least 21 - 30 days.

STANDARDS OF BEHAVIOUR

During the course of any therapy sessions, I will treat you with respect and not abuse the trust you place in me. I will use best practice at all times in our mutual interest. In return, you undertake not to harm yourself, or any other person, including me, or any property belonging to either me or any other person.

You agree not to attend sessions under the influence of alcohol or recreational drugs, except those medications which have been prescribed by your doctor. If you do attend any sessions under the influence of alcohol or recreational drugs, or demonstrate violent or abusive behaviour, I will cancel the session and may refuse to see you for any further sessions without refunding any payment already made.

CONFIDENTIALITY

In accordance with professional codes of ethics, all clients are assured of confidentiality about any disclosed material.

All contact, including sessions, telephone conversations and emails, will be conducted in confidence and may be recorded. Prior to any recording, your agreement will be sought. All recordings, conversations and notes will remain confidential, except in the following circumstances:

1. Where you give permission for confidentiality to be broken
2. Where I am compelled by a court of law
3. Where the information is of a nature that confidentiality cannot be maintained, for example:
 - The possibility of harm to yourself or others exists
 - In cases of fraud or crime
 - When minors (under 18 years old) are involved

4. Where a referring GP or other healthcare professional requires a report. A copy of the report will be available on request.

LIABILITY & INDEMNITY

Under no circumstances will Angeliki Assimacopoulou be liable for any damages, including without limitation, direct, indirect, incidental, special, punitive, consequential, or other damages (including without limitation lost profits, lost revenues, or similar economic loss), whether in contract, tort, or otherwise, arising out of the advice or information provided to you during professional services provided by Angeliki Assimacopoulou. In addition, you agree to defend, indemnify, and hold Angeliki Assimacopoulou harmless from and against any and all claims, losses, liabilities, damages and expenses (including legal fees) arising out of your participation in the professional services.

TERMS AND CONDITIONS UPDATES

These terms and conditions are subject to revisions without notice. Please familiarise yourself with any amendments if you have re-started therapy with me after a long period of absence.

CONCERNS & COMPLAINTS

If you have a concern or complaint regarding your therapy, please discuss this with myself in the first instance and I will endeavour to resolve the issue.